

Surfin' the Net: Learning More about Kidney Disease

Website	Comments
www.aakp.org	Side menu offers information on newsletters, transplant, dialysis & chronic kidney disease
www.asiarecipe.com	Site offers information on Asian culture, food, recipes and more. Watch sodium content of food
www.culinarykidneycooks.com	Recipes and tips for preparing the renal diet. Ordering information for "Cooking for David: A Culinary Dialysis Cookbook." Also offers free recipe weekly from the above cookbook.
www.epogen.com	Online cookbook for dialysis patients: "Southwest Cookbook"
www.foodsubs.com	Cooking encyclopedia covering ingredients, kitchen tools, pictures, and suggested substitutions.
www.ikidney.com	Renal recipes and compliance tips; articles on diet, exercise and support phone group.
www.kidney.org (National Kidney Foundation) NKF	Side menu: nutrition & diet, offers online printable cookbook: "Living Well on Dialysis..." and many other printable brochures on diet.
www.kidneydirections.com Click on the USA flag	Information on kidney disease and treatment options including recipes and glossary of terms.
www.kidneyoptions.com	A resource library with a search feature, recipe of the week, patient seminar schedule, and lots more.
www.kidneyschool.org	Interactive programs allow patients to learn at their own pace with instruction modules.

www.lifeoptions.org	Interactive program designed to help people learn about kidney disease and its treatment.
www.livingdonors.org (from NKF website)	Information on organ donation, kidney transplant, government regulations, meetings, events and more.
www.mccormick.com	McCormick spice information, spices for health, nutritional data, cooks reference and recipes.
www.mrsdash.com	Includes Mrs. Dash ingredient list, recipes, monthly menu, nutritional information and newsletter.
www.nephron.com	Educational handouts on phosphorus, potassium, protein, sodium, fluids, and "Getting started on your renal diet", listing of dialysis units.
www.renalnutrition.org	Includes a list of cookbooks, recipes, nutrition health tips, and articles for patients.
www.renalweb.com	Click on top: If you're learning about dialysis. Gives information on dialysis for travelers, news headlines, patient education, etc.
www.transplantliving.org	Transplant patient partnering program. Information and resources about kidney transplant
www.transweb.org	All about transplantation and organ donation.
www.unos.org	United Network for Organ Sharing. News, quick links, and calendar of events.